

**Thank you to all those who have supported or sponsored me on my Charity Trek across part of the Sahara Desert in November this year.**

It has been a great experience and one I wouldn't have missed for the world. However, it wasn't easy and am very glad I was able to take a week off and rest up after the experience. It was both a physical, emotional and mental challenge, and at times most of us would be honest to say we just felt like being airlifted off. Tuesday was my very low day.

I have attached just a few of my pictures, The 4 hour cattle Truck ride into the Sahara itself was absolutely awful, it felt more like being sent into a concentration camp than a walk!!!

However, my highlight was climbing the ridge and walking across the top of some beautiful sand dunes.

Saturday we had morning tea with the Regional Governor in his Beautiful Palace, before going on to visit two of the Unicef Moroccan Projects which we are raising funds for. A maternity waiting house to help prevent the fatalities which occur so frequently during child birth. Secondly a School, where children are able to be taught modern skills. UNICEF are endeavouring to make sure girls especially don't drop out from School.

The whole experience was also challenging with Russ Malkin and his crew being on board with us as fund raisers for the trek, but also filming and interviewing a variety of the trekkers as we walked or sat down at night or ate!! Russ is a UNICEF Ambassador and has produced various books/films/TV with Ewan Macgregor and Charley Bormann. He was a great chap to have in the camp, cheering us all up with his stories and general encouragement of us all. We all had a hug at the finishing line which was nice!

Once again, thank you so much for all your kind thoughts and support. I am so pleased that I raised £6500 towards the work of Unicef Morocco – overall the Group have raised so far, approx £70k with still more sponsorship hoped to come in. I am aware that there are some

friends and family who would still like to be able to contribute to this project. **My Just giving page will be open until 31<sup>st</sup> January 2010**, so please feel free to access this facility and learn more about the project on [www.sarahpagesaharatrek.co.uk](http://www.sarahpagesaharatrek.co.uk) Alternatively, cheques payable to Unicef can be sent to my office address as above. If you are a UK Tax Payer, and are able to GIFT AID your donation, please provide your post code.

For those of you who want to see the daily blogs which Unicef put up go to <http://blogs.unicef.org.uk/>

It's difficult to understand how challenging this trek was for each of us – you have to be there to truly know..... But my feet tell the story! ☺

I just want to wish all friends and family a wonderful Christmas and Happy New Year.

With kind regards

*Sarah Page*



**Beautiful Dunes.**



**It took us 2 hrs to climb this one from camp.**

**But it was worth it!**



**Jamal, our Berber Guide.**



**Shingly terrain**



**The Loo!!!**



**Visiting The Maternity Waiting House.**



**Visiting the School which Unicef supports**



**Cup of Berber Coffee at camp with Ibrahim, one of our Guides**

# UPDATE ON MY UNICEF SAHARA CHALLENGE NOV 2010

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The Truck which took us into the desert.  
A Bumpy 4 hour very hot ride!



This shows the expanse of the desert terrain.



Inside the Truck. Cramped, hot and lots of aches.  
As we sat contemplating the trip in, we knew we had  
it all to do again at the end of the Trek!!



Berber Children in a remote village.



Another day in the dunes!



Warm Sunsets



The Finish line! Sue, Cheryl SP & Sally